

January 1 - January 31

LUNCH
What's Cooking Today?

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Happy New Year! NO SCHOOL	2 NO SCHOOL	3 NO SCHOOL	4 NO SCHOOL	5 NO SCHOOL
8 W/W Chicken & Cheese Quesadillas - 3 Mixed Vegetables - 3/4c. Fresh Apple - 1 Milk-8 oz.	9 All Beef Hamburger on a Whole Wheat Bun-1 Red Kidney Beans-3/4 c. Fresh Pear - 1 Milk-8 oz.	10 Turkey and Cheese on a Whole Grain Kaiser Roll-1 Fresh Baby Carrots w/ Dip-1 c. Diced Peach Cup-1/2 c. Milk-8 oz.	11 W/G Popcorn Chicken-3.8 oz. Seasoned Diced Potatoes - 3/4c Whole Grain Bread -1 Fresh Orange-1 Milk-8 oz.	12 W/G Dominos Pizza - 1 Romaine Salad w/ Dressing-1 1/2 c. Peach Applesauce Cup-1/2 c. Milk-8 oz.
15 NO SCHOOL	16 Beef Meatballs Parmigiana on W/G Sub Roll-1 Diced Carrots-1 c. Fresh Apple-1 Milk-8 oz.	17 All Beef Italian Sub-1 (Beef Bologna, Beef Salami, and American Cheese) Celery Sticks w/ Dip- 3/4c Fresh Banana -1 Milk-8 oz.	18 Cheese Lasagna w/ Meat Sauce-5 oz.. Sliced Carrots - 1c Whole Grain Bread - 1 Diced Peach Cup-1/2 c. Milk-8 oz.	19 W/G Dominos Pizza - 1 Romaine Salad w/ Dressing-1 1/2 c. Diced Peach Cup-1/2 c. Milk-8 oz.
22 Chicken Fingers-3 Black Beans - 3/4c. Fresh Orange-1 Whole Wheat Dinner Roll -1 Milk-8 oz.	23 Beef Nachos with Cheddar Cheese Sauce-6 oz. Fresh Baby Carrots w/ Dip-1 c. W/G Tortilla Scoops-1 oz. Strawberry Applesauce Cup-1/2 c. Milk-8 oz.	24 Sliced Chicken & Cheese W/G Potato Bun-1 Black Bean and Corn Salad Cup - 3/4c. Fresh Pear -1 Milk-8 oz.	25 Beef Meatloaf w/ Ketchup-3 oz. Roasted Potatoes-3/4 c. Wheat Dinner Roll - 1 Fresh Banana-1 Milk-8 oz.	26 W/G Dominos Pizza - 1 Romaine Salad w/ Dressing-1 1/2 c. Mandarin Orange Cup-1/2 c. Milk-8 oz.
29 Chicken Meatballs w/ Teriyaki Sauce - 3oz. Oriental Mixed Vegetables - 3/4 Fresh Apple - 1 Wheat Dinner Roll - 1 Milk-8 oz.	30 Breaded Chicken Patty on a Whole Wheat Bun-1 Green Beans-3/4 c. Diced Pear Cup-1/2 c. Milk-8 oz.	31 Turkey Ham and Swiss Cheese on W/G Potato Bread-1 Potato Salad Cup-3/4 c. Fresh Orange-1 Milk-8 oz.		